

HOME CIRCLE COLUMN.

COLUMN DEDICATED TO TIRED MOTHERS AS THEY JOIN THE HOME CIRCLE AT EVENING TIME.

Secret of a Vulgar Idea of Marriage.

The treating of young girls as objects of ornament, and bringing them up in luxurious idleness. This habit of excessive outlay upon young girls, runs through every grade of society. The daughter of the blacksmith is as likely to be dressed extravagantly in proportion to his means as that of the millionaire for whom he works. The income which the successful professional man earns by his brains is equal to the interest on a large bulk of capital; it gives him the feeling of affluence. But in rearing his daughters he is apt wholly to forget that his brains are with him. For how many of the pretty, innocent butterflies who brighten our streets today is any provision made to insure them, five years hence, one tithe of the luxuries which they now enjoy? How many of them are qualified to earn their own living? The effect of this cruel neglect in parents strikes deeper than mere poverty. Luxuries are made necessities for the girl. She knows that on the death of her father she will lose them; she cannot earn them. There is but one way to secure them—marriage with a rich man. There is the secret of the vulgar idea of marriage which is debasing our social life; of the market for women which fashionable society has become; of the voluntary sale of themselves of the prettiest girls of each season to rich old men of the wretched homes, and of the innumerable divorces that end this lamentable history. What is the remedy?

A Woman's New Shoes.

When a woman has a new pair of shoes sent home she performs altogether different from a man. She never shoves her toes into them and hauls until she is red in the face and all out of breath and then go stamping and kicking around, but pulls them on half way carefully switches them off again to take a last look and see if she has got the right one, pulls them on again, looks at them dreamily, says they are just right then takes another look, stops suddenly to smooth out a wrinkle, twists around and surveys them sideways, exclaims: "Mer-ry! how loose they are," looks at them again square in front, works her foot around so they won't hurt her quite so much, takes them off looks at them, looks at the heel, the bottom and the inside, puts them on again, walks up and down the room once or twice, remarks to her better half that she won't have them at any price, tilts down the mirror so she can see how they look from that way, backs off, steps up again, takes thirty or forty fare-well looks, says they make her feet awful big and never will do in the world, puts them on and off three or four times more asks her husband what he thinks about it, and then pays no attention to what he says, goes through it all again, and finally says she will take them.

Girlhood.

To be a girl is to be in the happiest state possible to humanity; but girls do not know it. They are always looking forward to something wanting something—a diamond or a house, flattery or new gowns. They rather envy women a little ahead of them, who have more self-pos-

session, and are sometimes jealous of some married woman who flirts and makes a dash. "I'm only a young girl," we heard one say. Only a young girl! Oh, be glad of it; delight in it! Thank heaven every morning that you are still a young girl. We cannot stop time. The years will slip through your fingers like the beads from a broken necklace after a while; but now they linger while you are still a girl—a girl in the home of parents yet in the prime of life, with young brothers and sisters for companions. There will never be anything better than this in all the world. There are no skeletons in your closet, no ghosts in your reveries. Your future is all full of hope. You can fancy a lover coming to you who is perfect in all things; and every young man is interesting; because he may possibly be the other half of your soul. And every new girl may be the lifelong friend and confidante all girls hope for. As for beauty, the idea of a girl of seventeen thinking herself plain, as some do! In a few years she will look in the glass and see those fine horizontal lines on her forehead, on which time scores down our troubles, and at the corner of her eyebrows three little pencil marks, and a little fall in her cheek, and a mouth that does not smile as rapidly as it once did; not an old face yet, but not a girl; and then she will realize what it was to have a girl's face! Oh, how few the years are! How they whirl away! Girlhood is gone so soon! But, while you have it, envy no woman her diamonds and laces, her carriage or her palace, her fortune or her admirers. While one is in one's teens, nothing else is necessary except to realize the fact and thank heaven for it.

We hope all of our young readers will have a good time—a glorious Fourth. Proud of your freedom, proud of your country, we would not suppress the enthusiasm that wells up from your hearts, but bid you shout; and yet, we would kindly admonish you not to be reckless, careless or thoughtless, but evince true manhood in daring to do what is right and turning from all that is wrong. We also trust that, perhaps in a quieter and less noisy way our older readers will likewise enjoy the occasion to the full extent of their ability.

A. M. Nason, farming near Canaan, Me., was badly crippled with sciatic rheumatism due he says to uric acid in his blood. "Foley Kidney Pills entirely cured me and also removed numerous black specks that were continually before my eyes." Foley Kidney Pills are a uric acid solvent and are effective for the various forms of rheumatism. For sale by all dealers.

Women and the Schools.

The following from an article in a recent number of the Courier-Journal is pertinent and interesting and should be read by every man and woman in the county. The topic is timely and vital:

"A large number of school trustees will be elected in Kentucky on Saturday, August 5, and, contrary to the practice heretofore, the voting will not be confined to males. The law granting school suffrage to Kentucky women became effective in June and women who are able to read and write and who are over 21 years of age will participate in the elections if they so desire.

In the rural districts and in the smaller cities, women are eligible to the office of trustee, and it is probable that a considerable number of female trustees will be elected. In the country districts any woman who is over 21 years of age and has been a resident of the district for sixty days is eligible to the office of trustee, provided she is able to read and write.

The qualifications for voting, aside from the requirement that the voter must be able to read and write, are the same as for male voters. In addition to being of voting age the applicant for suffrage must be a citizen of the United States, a resident of the State one year, of the county six months and of the precinct sixty days. Having these qualifications she may vote in all elections upon school questions.

The Kentucky Federation of Women's Clubs is making a special effort to induce the women of the State to exercise their right of suffrage. To what extent they will respond remains to be seen, but from present indications the number of those who vote will be not inconsiderable. When Kentucky women got the habit of voting the number of women school officials may be expected to increase materially, and judging from past experience this will be to the benefit of the schools."

INSTITUTE PROCEEDINGS.

Official Report by Miss Emma Thompson, Secretary.

Louisa, Ky., July 15th, 1912.

Lawrence County Teachers' Institute convened, at 8:30 o'clock a. m., with Superintendent Jay O'Daniel President and Professor J. W. Ireland, of Stanford, Kentucky, Instructor.

Institute sang "America." The Rev. Mr. F. F. Shannon, of Brooklynn, N. Y., conducted the devotional exercises and gave an address on the "Four Elements of a Good Teacher," which was very interesting and instructive.

Mr. O'Daniel appointed Emma Thompson Secretary and Institute elected Prof. J. B. McClure Vice President.

Immediately after organization the teachers enrolled and paid institute fee.

Mr. O'Daniel appointed the following committees: Program, consisting of Mr. C. B. Stuart, Emma Thompson, Prof. J. W. Ireland, Messrs. Dock Jordan and Jay O'Daniel.

Evening entertainment, Prof. J. B. McClure, Mrs. E. M. Kennison, Mrs. Guy Atkinson, Miss Sallie Gearheart and Mr. Emory E. Wheeler. Resolutions, Messrs. C. B. Stuart, J. H. Ekers, J. M. Moore, Miss Mae Sammons and Prof. E. M. Kennison.

Mr. O'Daniel gave a short but very interesting address on "Manner and Method" of teaching.

Prof. J. W. Ireland talked very ably upon the purposes and necessity of the "Course of Study" and Prof. J. H. Ekers explained the "Course of Study" as to manner of organization and following course by steps.

Prof. T. J. Coates, State Supervisor of Rural Schools, gave an address on an "Efficient School," or what a school should do in the way of preparation of pupils for future use, which was very instructive and interesting.

Prof. W. B. Ward, of Prestonsburg, Ky., gave a very interesting educational address and an invitation to institute as a whole to attend the next meeting, of "Big Sandy Educational Improvement League," at Prestonsburg, in October.

Mrs. J. P. Weaver, of Louisville, State Organizer of School Improvement Leagues, gave a very interesting address on the importance of, and the benefit derived from School Improvement Leagues in the rural schools.

The Rev. Dr. Cree told Institute the manner and method of carrying on education and agriculture in Scotland, which was very interesting.

Mr. Coates talked very interestingly on the manner of employing teachers and whom to employ—The ones only who are competent instead of relations.

Mrs. Cora Wilson Stewart, Supt. of Rowan county schools, gave a very interesting address on "Moonlight Schools" in Lawrence county.

Prof. W. L. Jayne Supt. of Boyd county schools talked very instructively on Agriculture and the necessity of educating the child in terms of its own life, also gave a very cordial invitation to Institute to attend in a body, the Ninth "District Educational Association" at Ashland, in November.

Instructor talked very interestingly upon School Management and the new phases of teaching.

Prof. Calfee, of Berea, Ky., talked upon Arithmetic in regards to home life, and Prof. E. M. Kennison talked upon Commercial and Industrial Geography and its relations to home life. Both talks were very profitable and interesting.

Mr. Milton Elliott, of Frankfort, representing Ginn and Co., gave a very interesting talk, also Prof. Hopper, Supt. of Mt. Sterling City Schools, representing American Book Co., talked very interestingly on Language. Dr. Howard's talk on Character Building was well worth while.

Messrs. G. M. Copley and Jay O'Daniel and Dr. Wrote discussed reading very forcibly.

Among the many good features of Institute was the music, especially the vocal solos by Prof. J. W. Ireland and Miss Clark, of Lexington and quartets by Messrs. Marcum and Spencer and Prof. J. W. Ireland and Mr. Willie Cane. At evening Miss Kate Freese sang and the Messrs. Burns gave an instrumental duet. They were also very pleasing.

Institute was honored with the presence of many visitors. Among those from a distance were: Dr. Howard, Prof. Calfee, Berea, Prof.

Hopper, Mt. Sterling, Mr. Elliott, Frankfort, Prof. T. J. Coates and Mr. Myers Coates, Frankfort, Mrs. J. P. Weaver, Louisville, Mrs. Cora Wilson Stewart, Morehead, Mr. Edgar Richardson, Stamping Ground and Mr. Eubank, Jr., Lexington, Ky.

Institute was especially honored by having many ministers visit and take interest. Among these were: the Rev. Dr. Cree, Rev. Mr. F. F. Shannon, Dr. Hanford, Mr. Summers, Mr. Crites and Mr. Murray.

Wednesday being Trustee's Day, the following were present:

Division No. 1.
Sub. Dist. 1. G. D. Williamson.
2. H. W. Lambert.
3. Strother Fitzpatrick.
4. Ed Meek.
5. Frank Hammond.
6. W. S. Martin.
7. W. W. Wray.
8. Allen Boyd.
9. F. C. McClure.
10. J. G. Sammons.
11. H. H. Stansbury.

Division No. 2.
Sub. Dist. 1. E. G. McKinster.
2. W. T. Hayes.
3. E. L. Moore.
4. Merida Pack.
5. Wm. Johnson.
6. Wm. Thompson.
7. W. L. Chandler.
8. Joseph Brown.

Division No. 3.
Sub. Dist. 4. Wm. Ramey.
5. S. W. Burton.
6. Harlin Grubb.
7. N. K. Witten.

Division No. 4.
Sub. Dist. 4. Peter Sparks.
5. R. C. Miller.
6. G. W. Leming.

Division No. 5.
Sub. Dist. 4. James Shannon.
5. Charles Hinkle.
6. M. L. Johns.
7. L. A. Garred.

Division No. 6.
Sub. Dist. 2. D. M. Currutte.
3. M. V. Spillman.
4. V. D. Harman.
5. A. J. Cooksey.
6. A. H. Crabtree.
7. Wm. Holbrook.
8. D. J. Thompson.
9. J. H. Ratcliff.

Division No. 7.
Sub. District. 6. Meredith Waddell.
7. G. W. Carroll.

Division No. 8.
Sub. Dist. 1. J. R. Estep.
2. O. B. Stump.
3. S. J. Hensley.
4. George R. McGuire.
5. George Workman.
6. G. M. Queen.
7. D. A. O'Daniel.
8. Wm. Bellomy.
9. Luther Powers.

All received copies of School Law. Mr. O'Daniel appointed time and place for Teachers' Association as follows:

Gallup August 31st, consisting of Division 1-5 and part of 2, Prof. J. B. McClure Pres. and Don C. Belcher Sec., Blaine, Sept. 14, consisting of divisions 3-4 and part of 2 and 7, S. W. Burton, Pres. and Oscar Bailey, Sec., Fallsburg, Sept. 28, consisting of divisions 8-6 and part of 7, J. H. Ekers Pres. and Jack Thompson Sec.

The Com., on Resolutions reported the following resolutions:

RESOLUTIONS ADOPTED BY THE LAWRENCE COUNTY TEACHERS' INSTITUTE.

The committee on resolutions of the Lawrence county teachers' institute submit the following:

1. That we approve the time and place of holding this institute.

2. That we tender our thanks to the Baptist church authorities for the use of their splendid church building.

3. That we extend our thanks to the organist and singers who have helped to make this institute more enjoyable.

4. That the Hon. R. T. Burns and Dr. G. W. Wrote be made honorary member of the Lawrence county institute for life.

5. That we are sad to know of the death of our fellow teacher Leo Thompson, and we feel it as a loss to the county as well as the family.

6. That we thank the local ministers of the town for their services during the term of the institute.

7. That we appreciate the work of the Institute and tender our thanks to our efficient superintendent and instructors.

8. That we appreciate the great reforms being inaugurated in the educational work of the State by Prof. T. J. Coates, and consider him one of the greatest school men of the State.

9. That we will welcome our county school supervisors and will do our best to follow out their advice in carrying out the course of study furnished by the State superintendent of public instruction.

10. That, where practicable, we endorse the "Moonlight Schools" and "Domestic Science" advocated by Cora Wilson Stewart, of Rowan



Saves Expensive Trips

IT WAS NECESSARY for the Attorney to have a personal talk with a client in a distant city. The journey would seriously interfere with several important engagements made for that day.

He used the Long Distance Bell Telephone, had a satisfactory talk with his distant client and was able to keep all his engagements at home.

The Long Distance Bell Telephone increases the efficiency of business men who adapt it to their needs. It can serve you with equal satisfaction and economy.

By the way, have you a Bell Telephone?



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county.

11. That each teacher of a rural school should read one or more good agricultural papers and should find time to give, from time to time, a lecture on agriculture and domestic science.

12. That while we endorse the paying of teachers according to the grades of certificates, we do not think they should be held responsible for the attendance of the school, as that is clearly the duty of the parents, the trustee, and the truant officers.

13. Realizing the deplorable condition of the school houses throughout the county, we recommend and urge that some specific and economic measure be adopted by the county board of education to make these houses sanitary and habitable.

14. That this institute commend the work of the School Improvement Leagues and urge that in each district where there is need of some special, definite improvement, the teacher should seek the aid of such a League.

15. That it is the sentiment of this institute that every teacher should read the official state publication, "The Southern School Journal" and at least on the professional periodical and one current events weekly.

16. That each teacher should, if possible, have one or more pupils ready to receive a common school diploma at the January examination next; and that the teachers of the county should keep constantly before their pupils the thought of taking advantage of a free high school course after completing the eighth grade.

17. That this institute advise its younger teachers to take the common school diploma examination next January and during the winter avail themselves of free instruction in the high school of the county.

18. That these resolutions be printed in the BIG SANDY NEWS, and such of them as may be of general interest be published also in THE SOUTHERN SCHOOL JOURNAL.

19. That this institute heartily endorse the work of Temperance and Purity and pledges to support every effort the county superintendent may make.

dent may make to prevent from holding a certificate in Lawrence county any person failing in these virtues.

Committee.

C. B. STEWART.

J. H. ECKERS.

J. M. MOORE.

MAE SAMMONS.

E. M. KENNISON.

EMMA THOMPSON, Sec.

If you are a housewife you cannot reasonably hope to be healthy or beautiful by washing dishes, sweeping and doing housework all day, and crawling into bed dead tired at night. You must get out into the open air and sunlight. If you do this every day and keep your stomach and bowels in good order by taking Chamberlain's Tablets when needed, you should become both healthy and beautiful. For sale by Louisa Drug Co.

WEST JEFFERSON, O.

Farmers are busy making hay and cutting oats in this vicinity.

Mrs. Eva Boggs is on the sick list.

John Bishop had two cows and a heifer struck by lightning and killed the other day.

R. W. Boggs' telephone box was struck by lightning twice in one week and the bottom was torn off and the first time it shocked Mrs. Boggs pretty badly.

Allen Prose called on Myrtle Thompson Tuesday night.

Dennis Lyons and Ova Lyons are working for Allen Prose and R. W. Boggs.

Silven Gray is visiting his grandparents, Mr. and Mrs. Al Prose.

Mr. and Mrs. Charles Prose and daughter, Ruth, of Zanesville are visiting his parents near West Jefferson.

Miss Gertrude Lyons is visiting Miss Emily Bishop this week.

Miss Gertrude Lyons visited Miss Carrie Boggs Saturday.

KENTUCKY GIRL.

Buy it now. Chamberlain's Colic, Cholera and Diarrhoea Remedy is almost certain to be needed before the summer is over. Buy it now and be prepared for such an emergency. For sale by Louisa Drug Co.

LIVED ON RAW EGGS

Mr. Richard's Experience With Different Diets. Peaches and Buttermilk for Three Years.

Cecilton, Md.—Mr. George Richards, of this place, during the past 12 years, has probably tried more different diets than the average person would ever use in a lifetime.

What he has to say about his experiments, must therefore be highly interesting to anyone suffering from indigestion or stomach troubles of any kind.

He says: "For more than 12 years, I suffered with stomach troubles, and paid hundreds of dollars for doctor bills and medicines. I was also operated on the piles.

I lived on dried peaches and buttermilk for nearly three years. The only thing that would not give me pain was raw eggs. I was a physical wreck. I could not sleep, and was as near crazy as a man would well be.

I must say that after taking two 25-cent packages of Theodor's Black-Draught, I did me more good than all I ever spent for other medicines.

I have been working daily on the farm ever since, and I am as hard as iron. This purely vegetable remedy has been successful for me more than 70 years. Try it. But be sure that it's "Theodor's."

\$8.00 ELGIN WATCH FOR \$5.50

The attractive 16-size Elgin, complete in solid silverine case. If that is about the amount of money you want to invest in a watch you can't beat This bargain anywhere.

CONLEY'S STORE, LOUISA, KY.